

PERSONAL INFORMATION

Bota Izabel DrD. MD



Se

WORK EXPERIENCE

Primary Dermato-venerologist MD (2018-current)  
Dermato-venerology Specialist MD (2013-2018)  
Centrul Medical REGINA MARIA/Centrul Medical Dr. Grigoras  
Timisoara, Str. Calea Sagului nr 20  
<https://www.reginamaria.ro/>

Dermato-venerology Specialist MD (2013-2015)  
Centrul Medical Cardinal MED  
Timisoara, Str. Popasapca nr 12  
<http://www.cardinalmed.ro/>

Assistant Professor Dermato-venerology (2011-current)  
Dermatology Department, University of Medicine and Pharmacy Timisoara  
Teaching Dermatology Practical Skills to medical students, dentist students, RN students,  
BFFT students  
County Hospital, Dermatology Department Str. Marasesti, nr. 5

EDUCATION AND TRAINING

## Primary Dermato-Venerology MD 2018

## Post Graduate of Medical Managment 2016-2017

Continuing Training and professional development, obtaining major dissertation project entitled "MANAGEMENT STRATEGIC APLICAT CU SCOPUL REDUCERII IMPACTULUI NEGATIV AL UV ASUPRA CORPULUI UMAN"  
Univeristy of Sibiu, "Lucian Blaga". Romania

## PhD Student

2013-current

Dermatology Department

Resarch on how cytokines and antioxidants impacts aging and photo-aging  
County Hospital, Dermatology Department Str. Marasesti, nr. 5

## Dermato-Venerology Specialist

2008-2013

Dermato-venerology resident

County Hospital, Dermatology Department Str. Marasesti, nr. 5

## Graduated as MD

2001-2007

Medical School-General Medicine

Victor Babes University of Medicine and Pharmacy Timisoara, Romania

## College Courses

1999-2001

Pre-medical student and Psychology

Wayne State University, Detroit Michigan, USA

## High School Graduation Diploma

1995-1999

High school courses

John Glenn High School, Westland Michigan, USA

## PERSONAL SKILLS

Mother tongue(s) Romanian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	C1	C1
French	B2	B2	B1	B1	B2

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user  
Common European Framework of Reference for Languages

#### Communication skills

- Team spirit - I coordinate a team comprising approximately 10 people which are working in different projects. I was the PR in Project Volunteer.
- Good communication skills gained through my experience as the contact person for APMS (Association of Pre-medical students) and PV (Project Volunteer) at Wayne State University, Detroit Michigan.
- Good ability to adapt to multicultural environments, gained through the training stages and visits abroad.

#### Organisational / managerial skills

- I have organised different community projects events starting from 1999
- I have participated in different scientific projects

#### ADDITIONAL INFORMATION

### Cursuri postuniversitare

- Arta de a tamadui durerea, curs flebologie, Timisoara, 30-31 Martie 2016
- Workshop PDO (fire bioresorbabile cu ac/canula), Varsac, Serbia, 19 Martie, 2016
- Injectare cu acid hyaluronic si tratamente cu microneedeling, Bucuresti, 21 Octombrie 2015
- Terapii actuale si tendinte in dermatologie, Timisoara 10.03.2012
- Dermatologie chirurgicala-curs de initiere, Cluj; 27-30 Martie, 2012
- Dermatoscopia ca metoda de diagnostic a leziunilor pigmentare, Cluj 15-17 Feb, 2012
- DERMATOPATOLOGIE, Timisoara 02-04 Iunie, 2011
- New concepts in medical cosmetics and practical specialised workshop Peelingul in Medicina Estetica, Bucuresti, 26-27 Sept, 2009
- New concepts in medical cosmetics and practical specialised workshop Mezoterapia in Medicina Estetica, Bucuresti, 01-02 August, 2009
- Noutati Terapeutice in Dermato-Venerologie. Timisoara 9-11 Aprilie, 2009
- Principii in terapia cu laser si lumina intens pulsate, Timisoara, 26-28 Aprilie, 2009
- Noutati Terapeutice in Dermato-Venerologie. Timisoara 12-14 Iunie, 2008
- CONTROLLINGUL-SUBSISTEM MODERN AL MANAGEMENTULUI, curs posuniversitar, Timisoara 2007-2008



## Publications

- Ildiko-Angelica Szoke, Alexandru Marne, Izabela Bota, "The Study of Electromagnetic Fields on the Human Body". International Journal of Biology and Biomedicine, 3, 45-50, 2018
- Bota Izabel, Popescu Roxana, Solovan Caius, "Bio activation of growth factors using Sodium Citrate 3.2% in polypropylene plastic tube to determine concentrate in various skin colors, 2018
- Bota Izabel, Popescu Roxana, Solovan Caius "A study on sun exposure and photo-protection behavior of medical students in a western Romanian University Center", RJCED Volume 4, No3, Oct, 2017, ISSN 2392-7461
- Bota Izabel, Vincze Dana, Solovan Caius "Exploring the effectiveness of antioxidants on photoaging"- AARJMD VOLUME 2 ISSUE 7 (DECEMBER 2015) ISSN : 2319 - 2801
- Patricia Cristodor, Flavia Baderca, Caius Solovan, Ioana Gencia, Steluta Ratiu, Iustin Hancu, Izabel Haiduc. Superinfected leg ulcers, an unusual etiology. *The XIIIth Romanian Congress of Phlebology with International Participation*. Timisoara, Romania 1-4.10. 2014 (oral presentation)
- Patricia Cristodor, Ioana Gencia, Izabel Haiduc, Oana Sindrea, Steluta Ratiu, Iustin Hancu. Is painless local anesthesia possible? My Technique. *The XIIIth Romanian Congress of Phlebology with International Participation*. Timisoara, Romania 1-4.10. 2014 (oral presentation)
- Patricia Cristodor, Iustin Hancu, Ioana Gencia, Oana Sindrea, Argentina Vidrascu, Anca Nicula, Izabel Haiduc. An unusual treatment for malum perforans of the toes. *The XIIIth Romanian Congress of Phlebology with International Participation*. Timisoara, Romania 1-4.10. 2014 (oral presentation)
- Haiduc (Bota) I., Cristodor P., Solovan C., Dopl., Toma O., Hancu I. Autoerythrocyte sensitization and highly elevated immunoglobulin E. *11th EADV Spring Symposium "Tradition and Innovation"*. Belgrade, Serbia 22-25.05.2014 (poster)
- PL Cristodor, I Haiduc, M Esmaili, I Hancu, I Dop. Stem cell enriched fat transferred to malum perforans of the toe in a diabetic patient. *11th EADV Spring Symposium "Tradition and Innovation"*. Belgrade, Serbia 22-25.05.2014 (oral presentation)
- Cristodor PL, Haiduc (Bota) I, Solovan C, Dop I, Toma O, Jurovits O, Gencia I, Ratiu S, Nicola A, Esmaili M, Baderca F. Candidial colonization of chronic leg ulcers-A possible scenario. *11th EADV Spring Symposium "Tradition and Innovation"*. Belgrade, Serbia 22-25.05.2014 (poster)
- Izabel Haiduc, Patricia Cristodor, Flavia Baderca. Cutaneous Metastases of Lung Cancer. *The Vth Romanian Symposium of Dermatopathology with International Participation*. 7-9.11.2013 Iasi, Romania
- Patricia Cristodor, Popa Valentin, Iustin Hancu, Izabel Bota, Ioana Gencia, Iasmina Hancu. IS IT POSSIBLE TO WIN A "LOST BATTLE"? , 14th Romanian Congress of Phlebology, 7th Balkan Venous Forum., Timisoara, Romania 30-31 Martie, 2016
- Patricia Cristodor, Iustin Hancu, Ioana Gencia, Bota Izabel, Popa Valentin, Iasmina Hancu. CHRONIC LEG ULCER PENETRATING THE VEIN WALL – A NEW THERAPEUTICAL APPROACH, 14th Romanian Congress of Phlebology, 7th Balkan Venous Forum., Timisoara, Romania 30-31 Martie, 2016

## Honours and awards

## Memberships

- recipient of XI International Society of Dermatology Global Education Award, 2013
- member of EADV (European Association of Dermato-Venerology) and SRD (Societatea Romana de Dermatologie)

