

CHART OF DISCIPLINE/ SYLLABUS

1. Study Program Data

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| 1.1 High Education Institution | “VICTOR BABEȘ” UNIVERSITY OF MEDICINE AND PHARMACY OF TIMIȘOARA |
| 1.2 Faculty | MEDICINE |
| 1.3 Department | XVI |
| 1.4 Study Domain | MEDICINE |
| 1.5 Cycle Studies | Bachelor |
| 1.6 Study programme/ Qualification | Medicine |

2. Course Data

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|-------------------------------|--|--------------|----|----------------|----------|-----------------|----------------------------------|--------------------------|
| 2.1. Course/Department | Introduction to narrative medicine. Illness and discourse | | | | | | | |
| 2.2 Course tutor | Assoc. Prof. PhD Daniela Șilindean | | | | | | | |
| 2.3 Practical activity tutors | - | | | | | | | |
| 2.4. Year of study | II | 2.5 Semester | II | 2.6 Assessment | Colloquy | 2.7 Course rank | Content Mandatory /Compulsory | DC DFac |

3. Duration/Estimated Time (number of hours/ semester of teaching activity)

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|---|-----------|--------------------|-----------|----------------|-------|
| 3.1 Number of hours/ week | 1 | 3.2 lecture/course | 1 | 3.3 laboratory | - |
| 3.4 Total hours of curriculum | 14 | 3.5 lecture/course | 14 | 3.6 laboratory | - |
| Time distribution for course activities | | | | | hours |
| Study support- manuals, lectures, references and notes | | | | | 3 |
| Additional documentation – library, dedicated platforms from domain | | | | | 3 |
| Documentation for seminars/ practical activity/ projects, themes, portfolios and essays | | | | | 4 |
| Tutoring | | | | | |
| Assessment | | | | | 1 |
| Other activities | | | | | |
| 3.7 Total number of hours for individual study | 10 | | | | |
| 3.8 Total number of hours per semester | 25 | | | | |
| 3.9 Number of credits | 1 | | | | |

4. Preconditions (if applicable and requested)

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| 4.1 Courses- studied curriculum / rules for attending the course | Basic notions of medical communication |
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5. Condition (if applicable and requested)

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| 5.1 Courses | Course room, audio-video devices, laptop |
| 5.2 Laboratory/practical activity/ project | - |

6. Key competencies and basic skills

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| Professional Competencies | <p>Student will be able</p> <ol style="list-style-type: none"> 1. to analyze different types of discourse connected to illness; 2. to understand patient's perspective (description of the illness and of the pathological experience); 3. to cultivate the feeling of empathy; 4. to tackle with an empathic response such topics as frailty, vulnerability and exposure; 5. to perceive the uniqueness of the pathological experience of the patient; 6. to understand patient's perspective in what ICE are related to illness and treatment; 7. to cultivate active listening; 8. to be familiar with the principles of narrative medicine. |
| Transversal Competencies | <ol style="list-style-type: none"> 1. to take part in debates on contemporary topics; 2. to develop creativity; 3. to develop argumentation skills; 4. to use analysis and synthesis; 5. to research medical topics in a transdisciplinary approach; 6. to refine interpretation, curiosity, means of expression; 7. to develop argumentative areas |

7. Disciplines/Course objectives (based on the key competencies)

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| 7.1 Disciplines/Course general objectives | Developing a patient-centred approach by means of medicine narrative tools. |
| 7.2 Disciplines/Course specific objectives | Developing the ability of defining the territory of illness, understanding types of discourse from a patient's perspective. The course aims at developing cooperation, empathy, active listening, interpretation and transdisciplinary approaches. |

8. Content

| 8.1 Course | Teaching method | Number of hours | Notification |
|--|------------------------------------|-----------------|--------------|
| 1. Illness as a rupture and as a new reality | Lectures | 2 | |
| 2. Illness – an identity itinerary | Dialogue | 2 | |
| 3. Living with the illness: perception, ideas, conceptions | Debates | 2 | |
| 4. Defining the illness: medical perspectives as 1 st person narratives | Case presentation and case studies | 2 | |
| 5. The Patient– doctor | | 2 | |
| 6. The patient and the others – medical narratives | | 2 | |
| 7. The hospital/the clinic – spaces of reconstruction | | 2 | |

Mandatory references:

Charon, Rita, *Narrative Medicine, A Model for Empathy, Reflection, Profession and Trust*, JAMA, October 17 2001 – Vol. 286, no. 15, pp. 1897-1902.

Kalanithi, Paul, *When breath becomes air*, Random House, 2016.

Sacks, Oliver, *The Mind's Eye*, Vintage Books, 2011.

Solomon, Andrew, *The Noonday Demon*, Scribner 2015.

Jaouad, Suleika, *Between Two Kingdoms: A Memoir of a Life Interrupted*, Random House, 2021.

Optional references:

Charon, Rita, *Narrative Medicine: Attention, Representation, Affiliation*, October 2005, Narrative

13(3):261-270.
 Charon, Rita, *The Ecstatic Witness* [in] Wiggling, O.P, Allen, A. P., *Clinical Essays and the necessity of Stories*, Springer, 2011.
 Dennett, Daniel C.D., *Mental types*, Basic Books, 1996.
 Gay Roxane, *Hunger. A Memoirs of (my) body*, HarperCollins, 2017.
 Gawande, Atul, *Being Mortal*, Metropolitan Books, 2014.
 Luca, Gabriela-Mariana, *Pathos and Iatros: Initiation in Narrative Medicine*, JRLS 8/ 2016, pp 71-78
 Doidge, Norman, *The Brain that Changes itself*, Penguin Books, 2007.
 Marini, Maria Giulia, *Bridging the Gap between Evidence-Based Care and Medical Humanities*, Springer International Publishing, 2016.
 Sacks, Oliver, *A Leg to Stand on*, Vintage; Reprint edition (September 29, 2020).
 Solomon, Andrew, *Far From the Tree*, Scribner, 2013.
 Șilindean, Daniela, *A Matter of (dis)Taste. Illness and the Performing Arts, Food and Cultural (In)Compatibilities: 12 Points of View*, editor: Gabriela Luca, Cambridge Scholars Publishing, 2022.

9. Correlations between the content of the course and the requirements of the professional field and relevant employers

The course responds the need for empathic interaction for open dialogue with a patient-centred approach.

10. Assessment

| Activity | 10.1 Assessment criteria | 10.2 Assessment methods | 10.3 Percentage of the final grade |
|--|---|-------------------------|------------------------------------|
| 10.4 Course | <p><i>Knowledge for 5</i> Basic notions of narrative medicine.</p> <p><i>Knowledge for 10:</i> Nuanced and argument-supported when analyzing oral/written text of a patient, by using the instruments provided by narrative medicine.</p> | <i>Oral examination</i> | 100% |
| 10.6 Minimum performance standard-basic knowledge | | | |
| Knowing and defining the concepts at the center of narrative medicine. | | | |

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| Date 23.04.2025 | Signature of the course holder Assoc. Prof. PhD Daniela Șilindean |
| Signature of the Head of Discipline Assoc. Prof. PhD Daniela Șilindean | |
| Date of approval in the Department 29.04.2025 | Signature of the Head of Department Prof. PhD Elena Constanța Amăricăi |